



The St. James' Journal

Newsletter

27th February 2026



MR LEEMING'S MESSAGE

Dear Parents/Carers

Supporting Mental Health and Wellbeing

We've had a brilliant start to the new half term, and it's been wonderful to see the children return with such enthusiasm and energy.

This week began with Charlotte from *Lancashire Mind* leading an assembly about looking after our mental health and wellbeing.

Charlotte talked about **Five Ways to Wellbeing**, a simple but powerful set of habits that can help all of us feel more balanced, connected, and resilient. Throughout the assembly, she encouraged the children to think about how small, everyday actions can make a big difference to how we feel.

The Five Ways to Wellbeing

- **Connect** Building positive relationships with friends, family, and our wider community helps us feel supported and valued. Charlotte encouraged us to look out for one another and to take time to talk, listen, and share.
- **Be Active** Movement is essential for both physical and mental health. Whether it's running around at playtime, walking to school, or joining in with PE, being active helps lift our mood and boosts our energy.
- **Keep Learning**
Trying new things and challenging ourselves helps build confidence. We were reminded that learning isn't just about lessons—it can be discovering a new hobby, practising a skill, or exploring something that sparks curiosity.
- **Give** Acts of kindness, however small, can have a big impact. Charlotte spoke about how giving our time, our help, or even a smile can brighten someone's day and strengthen our sense of purpose.
- **Take Notice** Slowing down and paying attention to the world around us helps us feel grounded. The children were encouraged to notice nature, their feelings, and the little moments that bring joy.

We're grateful to Charlotte and Lancashire Mind for such an inspiring start to the half term. Over the coming weeks, we'll continue weaving these themes into our school life, helping children understand how to care for their wellbeing and support one another.

Thank you, as always, for your partnership in nurturing a happy, healthy school community.

Update us

Have you moved or changed your contact details recently?

Please inform the

Attendance

It is vital that your child is in school on time every day.

The class with the best attendance this week was:



ACORN & CHESTNUT

Collective Worship

Words are important: "Do not say mean things. Instead, only say good things that help people. Your words should make people feel better and stronger." Ephesians 4 v 29



We learned that our words can help or hurt. Abigail from the bible used her words wisely. Let's all use our words to build others up!



Children's behaviour at drop off & pick up

Please keep your children under close supervision at drop off and collection. Some children have been climbing trees and on equipment unsupervised. Thank you

Golden Ticket

Pupils who go **over and above** to demonstrate our school values will be awarded a 'Golden Ticket' and will be placed in the draw for prizes at the end of term. The following children have been awarded a Golden Ticket:



STARS OF THE WEEK



Acorn

Husna & Hallie F

Ash

River & Jack S

Birch

Matthew S & Oskar B

Chestnut

Darcie B & Joshua D

Rowan

Anghelina & Alice P

Oak

Ella K & Ronnie

Willow

Bailey & William

Hawthorn

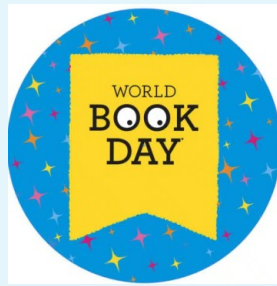
Myla M & Zachary S

Alder

Will L & Athena

Sycamore

Daniel P & Milo H



PYJAMA BOOK PARTY

Dear Parent/Guardian

We are excited to invite your child to take part in our **PYJAMA BOOK PARTY** as part of our celebration of **WORLD BOOK DAY** this year! This special event aims to promote a love of reading while raising funds for new books for our school.

On **THURSDAY 5 MARCH**, children are encouraged to come to school dressed in their pyjamas for the day and to bring along their favourite book. We kindly ask for a small donation of £1-£2 per child. 100% of donations received will be used to purchase new books for our class libraries and these funds will be generously matched by up to 60% from Usborne Publishing, allowing us to add even more wonderful books to our library collections.

Reading plays a crucial role in developing literacy skills, creativity, and imagination. Events like the Pyjama Book Party make reading exciting and accessible, fostering a positive attitude toward books and stories.

We hope this will be a day your child remembers for years to come! Thank you for your continued support in making reading a central part of our school community.

In partnership with
USBORNE 

Please use the following link [here](https://superkind.org/campaign/clitheroe-st-james-pyjama-book-party) to make donations on line:

<https://superkind.org/campaign/clitheroe-st-james-pyjama-book-party>

Bounce Forward Assembly by Lancashire Mind

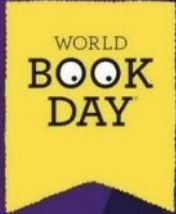


We had a great time being mascots for Blackburn Rovers WFC team. The children were fantastic!





Help raise funds for new reading books...



WILL YOU FIND A GOLDEN TICKET?

PURCHASE A SCRUMPTIOUS



WONDERLICIOUS BAR!

£2 each

FOR YOUR CHANCE TO WIN!

PRIZES INCLUDE:

- Extra playtime with friends
- Prizes for the whole class inc. Movie afternoon!
- Non-uniform day for your class!
- Sweet treats from Paint Pot
- Wear your trainers for a day!
- ...and many more "money can't buy" prizes!

Kindly sponsored by



HOW TO ENTER

Scan to order yours!



Wonderlicious Bars on sale until 13th March, £2 per bar (max. 5 per pupil)
Dairy-free also available, please state when booking.

Order yours at www.pta-events.co.uk/stjamesfriends or at the School Office. Bars will be handed out on World Book Day, Thursday 5th March

This year, let Friends help surprise that special someone...

Mother's Day Gift Bags

Who wants to treat their Mummy/Mum, Nana, Aunty, Grandma or Mother figure in their life to something special this Mother's Day?

Let Friends help! Our gift bag contains a potted plant, craft to make & gift (suitable for all ages), a written keepsake to personalise, card to colour and other treats to spoil that special someone, whilst helping raise funds to support school too!

Gift bags will be delivered & handed out in class on Friday 13th March, ready for Sunday 15th.

£5.50
each

Sibling bags **£2**

(Extra craft, written keepsake & card)



Order online at PTA Events by Tues 10th March

Cash orders taken via the school office - put £'s in a sealed envelope with your child's name & class, and 'Mother's Day bag' written on.

Please use the following link [here](https://www.pta-events.co.uk/stjamesfriends/index.cfm) to pre order your Wonka Bars and Mothers Day Bags:

<https://www.pta-events.co.uk/stjamesfriends/index.cfm>