

PE Long Term Planning and Progression EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2024-25	FMS	FMS – How to Catch a Star	FMS - Transport	FMS – Rosie’s Walk	FMS – The Hungry Caterpillar	FMS – Rumble in the Jungle
	Dance – Nursery Rhymes	Dance - Circus	Dance - Toys	Dance - Jungle	FMS - Minibeasts	FMS - assessment
	<u>Fundamental Movement Skills:</u> <u>Travelling:</u> Skipping, Running fast, Hopping, Jumping for distance <u>Sending:</u> Overarm throw, Underarm throw, Rolling a ball, Bouncing a ball, Kicking <u>Receiving:</u> Catching					
	<u>Evaluating:</u> Explain what they have done and what they can see others doing.					
2023-24	FMS	FMS – How to Catch a Star	FMS - Transport	FMS – Rosie’s Walk	FMS – The Hungry Caterpillar	FMS – Rumble in the Jungle
	Dance – Nursery Rhymes	Dance - Circus	Dance - Toys	Dance - Jungle	FMS - Minibeasts	FMS - assessment
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