PSHE PLANS – YEAR 3 AND 4

CYCLE A

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y5/6 Cycle A Mixed-age RSE PSHE - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/cycle-a/families-and-relationships/)  [RSE Y 5/6: Safety and the changing body (Cycle A) Lessons (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/cycle-a/mixed-age-y5-6-safety-changing-body-cycle-a/) | | | LIVING IN THE WIDER WORLD  [Y5/6: Citizenship (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/cycle-a/mixed-age-y5-6-citizenship-cycle-a/) | LIVING IN THE WIDER WORLD  [Y5/6: Economic wellbeing (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/cycle-a/mixed-age-y5-6-economic-wellbeing-cycle-a/) | HEALTH AND WELL-BEING  [Year 5 and 6 Health and Wellbeing Mixed-Age - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/cycle-a/mixed-age-y5-6-health-and-wellbeing/)  TRANSITION LESSON:  Year 5:  [KS2 Y5: RSE/PSHE: Roles and Responsibilities - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-5/transition-lesson/lesson-1-roles-and-responsibilities/)  Year 6:  [KS2 Y6: RSE/PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/transition-lesson/) |

CYCLE B

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y5/6 Mixed-Age Lessons RSE PSHE Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/year-5-6-cycle-b/y5-and-y6-mixed-age-lessons-cycle-b-rse-pshe/)  [RSE Y5/6: Safety and the changing body (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/year-5-6-cycle-b/mixed-age-y5-6-safety-changing-body-cycle-b/) | | | LIVING IN THE WIDER WORLD  [Y5/6: Citizenship (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/year-5-6-cycle-b/mixed-age-y5-6-citizenship-cycle-b/) | LIVING IN THE WIDER WORLD  [RSE PSHE Mixed-Age Lessons Year 5/6 Money Careers Economic (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/year-5-6-cycle-b/mixed-age-y5-6-economic-wellbeing-cycle-b/) | HEALTH AND WELL-BEING  [Y5/6: Health and wellbeing (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y5-6/year-5-6-cycle-b/mixed-age-y5-6-cycleb-health-and-wellbeing/)  TRANSITION LESSON:  Year 5:  [KS2 Y5: RSE/PSHE: Roles and Responsibilities - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-5/transition-lesson/lesson-1-roles-and-responsibilities/)  Year 6:  [KS2 Y6: RSE/PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/transition-lesson/) |