PSHE PLANS – YEAR 1 AND 2

CYCLE A

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y1/2: Family and relationships (Cycle A) RSE PSHE - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/families-and-relationships-2/)  [Y1/2: Safety and the changing body (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-safety-changing-body-cycle-a/) | | | LIVING IN THE WIDER WORLD  [RSE & PSHE Mixed-age Y1/2: Citizenship (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-citizenship-cycle-a/) | LIVING IN THE WIDER WORLD  [RSE & PSHE Mixed-Age Year 1/2 Money management Economics (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-economic-wellbeing-cycle-a/) | HEALTH AND WELL-BEING  [RSE PSHE Health and Wellbeing Y1/2 Mixed Age - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-health-and-wellbeing/)  TRANSITION LESSON:  Year 1:  [KS1 Y1: RSE/ PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/transition-lesson/)  Year 2:  [KS1 Y2: PSHE/RSE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-2/transition-lesson/)  Mixed class:  [RSE & PSHE Mixed-age End of Year Transition Lesson KS1 (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-transition-cycle-a/) |

CYCLE B

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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y1/2: Family and relationships (Cycle B) RSE PSHE - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-b/families-and-relationships-2/)  [Y1/2: Safety and the changing body (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-b/mixed-age-y1-2-safety-changing-body-cycle-b/) | | | LIVING IN THE WIDER WORLD  [RSE & PSHE Mixed-age Y1/2: Citizenship (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-b/mixed-age-y1-2-citizenship-cycle-b/) | LIVING IN THE WIDER WORLD  [RSE & PSHE Mixed-Age Year 1/2 Money management Economics (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-b/mixed-age-y1-2-economic-wellbeing-cycle-b/) | HEALTH AND WELL-BEING  [RSE & PSHE Y1/2: Health and wellbeing (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-b/mixed-age-y1-2-health-and-wellbeing-cycle-b/)  TRANSITION LESSON:  Year 1:  [KS1 Y1: RSE/ PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/transition-lesson/)  Year 2:  [KS1 Y2: PSHE/RSE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-2/transition-lesson/)  Mixed class:  [RSE & PSHE Mixed-age End of Year Transition Lesson KS1 (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y1-2/year-1-2-cycle-a/mixed-age-y1-2-transition-cycle-a/) |